**LESSON PLAN**

**SCHOOL:**NATIONAL COLLEGE “NICOLAE TITULESCU” PUCIOASA

**TEACHER:** BRATU ANA-FLORENTINA

**CLASS:** a XII a (L1)

**DATE:** ........

**NUMBER OF STUDENTS**: ......

**TEXTBOOK:** NEW PROFICIENCY GOLD, PEARSON-LONGMAN

**UNIT 9:** THE MIND’S EYE

**LESSON:** THE MIND’S EYE (on-line)

**GENERAL COMPETENCES:**

1.Receptarea mesajelor transmise oral sau în scris în diverse situații de comunicare;

2.Producerea de mesaje orale sau scrise adecvate unor contexte variate de comunicare.

**SPECIFIC COMPETENCES:**

1.1 Identificarea ideilor principale din texte audiate/ citite referitoare la probleme de actualitate;

1.2 Identificarea, prin citire rapidă, de informaţii / detalii specifice dintr‑un text mai lung, în vederea rezolvării unei sarcini de lucru;

2.1 Oferirea şi solicitarea, oral / în scris, de informaţii şi instrucţiuni clare şi precise pentru îndeplinirea unei sarcini de lucru;

2.3 Prezentarea, oral / în scris, de descrieri clare şi detaliate pe subiecte legate de domenii de interes propriu şi de domeniul de specializare.

**SKILLS INVOLVED**: SPEAKING, LISTENING AND READING

**AIMS:** By the end of the lesson will be able to:

1. focus on different words or phrases anticipating the text;
2. extract information from a written text/an audio for specific tasks.
3. express opinions and justify the answers.

**TECHINIQUES:**explanation, exercise, conversation, presentation

**AIDS:** textbook, notebooks, worksheets, audio material

**INTERACTION**: T-Ss, S-S, Ss-Ss

**CLASS MANAGEMENT**: frontal work, individual work and group work

**STAGES OF THE LESSON**:

**WARM-UP:**PREDICTING ACTIVITY

**AIM: to introduce the topic**

**PROCEDURE:** The teacher greets the students, checks the presence, then presents the students a jamboard with some words around it, for example: **recurrent, night, Freud, fear, sequence, (sub)conscious, sensations,remember, nightmare,brain** and asks the class to identify the common topic of these words. Next, the teacher tells the students that this is the topic of the new unit and, writes the title of the lesson on the jamboard and announces the aims of the lesson.

TIME:5 min

INTERACTION:T-Ss

**PRESENTATION:** LISTENING ACTIVITY

**AIM: to introduce vocabulary related to the topic**

**PROCEDURE**:The teacher gives the students a quiz on dreams. The students solve the task individually while watching a short video on dreams: “Dreams-a short documentary”

<https://www.youtube.com/watch?v=A4TB8C9G0DQ> and check their answers.

INTERACTION: S-S

TIME: 10 min

**PRACTICE:** READING ACTIVITY

**AIM: to work on the reading skills**

**PROCEDURE:** **The mind’s eye technique:** the teacher chooses 10 important words/expressions from the text of the lesson ( force, head, climb, whispering, untouched, strange, scream, momentum, grass, jolt and reads the words aloud to students — slowly, pausing in between words. As students listen, they form mental pictures, predicting what the text will be about. Then they read the text and compare it to their predictions. After that, they solve ex.3 and 4/p.124,125 to get a deeper understanding of the text.

INTERACTION: T-S,S-S

TIME: 15 min

**PRODUCTION:**  SPEAKING ACTIVITY

**AIM: to express opinions and justify their answers**

**PROCEDURE:** The teacher gives students different online tasks and they solve them by working in groups in separate zoom rooms. After finishing the task and returning to the central zoom, one of the students from each group presents the results in front of the class:

1. to write a paragraph on the importance of dreaming;

2. to identify 3-5 features of the dreams;

3. to describe a nightmare;

4. to describe a dream using key words from the teacher (angel, joy, child, sky, to symbolize, to fly, ascending);

5.to imagine a dream a toddler may have;

6.to imagine a dream a dying person may have.

INTERACTION: Ss-Ss

TIME: 15 min

**CLASS EVALUATION AND FEEDBACK:** The teacher goes through the main parts of the lesson one more time and evaluates the students’ activity during the lesson.

TIME: 3 min

**SETTING HOMEWORK :** to write a paragraph/to make a jamboard about one of their happiest dreams TIME: 2 min

**QUIZZ ON DREAMING**

1. At the beginning of the video there are mentioned few means of transport. Which are these?

a. truck, car, boat;

b. truck, car, bus;

c. truck, plane,bus;

2. What are dreams?

a. a manifestation of our conscious after sleep;

b. a manifestation of our subconscious before sleep;

c. a manifestation of our unconscious during sleep;

3. Where do dreams come from?

a. daily experiences;

b. daily trouble;

c. daily happy events;

4.Where is the content of our dreams?

a. in our brain;

b. in our mind;

c. in our organism;

5.What structures are involved in dreaming?

a. structures from the brain stem and ARAS\*;

b. structures from the eyes and ARAS;

c. structures from the nerves and ARAS;

6.How much does it take to get to start REM?

a.90 min;

b.60 min;

c.30 min;

7. What is REM?

a. rapid earth movement;

b. rapid eye movement;

c. rapid ear movement;

8.What are recurrent dreams in Professor’s Wentworth opinion?

a. an unresolved problem that requires help;

b. unresolved tension that requires attention;

c. an unresolved symptom that requires treatment;

9.What is the Professor’s suggestion to all of us?

a. to write their dreams and to discuss them with a psychiatrist;

b. to write their dreams and to discuss them with your friends;

c. to write their dreams and to pay attention to them;

\***REM**=rapid eye movement

\***ARAS**= ascending reticular activating system

**QUIZZ ON DREAMING-Correct answers:**

1c, 2c, 3a, 4c, 5a, 6a, 7b, 8b, 9c